

Position Title: Camp Nurse/Health Aide

Work Location: Dorm on a college campus

Purpose of the Position:

The camp nurse/health aide is on hand to provide basic medical and emotional support as needed, and is the first line of medical assistance provided to campers. Knowing there is a nurse/health aide on campus during camp relieves some parental anxiety.

Responsibilities and Duties:

Check the medical forms to become familiar with any potential health problems described on the health history. Close contact with the dorm moms is essential since they know each girl on a more personal level. Make sure they are aware of any ongoing health problems.

Be present at registration. Parents may give you medications taken daily by their daughter and ask you to be certain she is administered that prescription as instructed.

Introduce yourself at the first gathering so that the staff and campers know who you are.

Attend staff meetings. Always maintain contact with the staff via phone, cell phone if possible.

Identify the location of your room and the time that you will always be in your room for “clinic hours”. (Perhaps before or after breakfast and dinner, depending on the other activities, or before bedtime).

Familiarize yourself with the materials provided for the “infirmary” such as thermometer, sanitary napkins, antiseptic, band aids, ace wraps, etc. (If you have a pair of crutches, they may prove useful)

Be available to assist with/attend the various programs for the Trekkers. Go with the groups when they go swimming and on field trips.

Assess any injuries/illnesses and contact the Trekker’s parents as necessary. Keep records of each visit as provided in the log book. Fill out incidence reports as needed. Keep the dorm mom informed of any injuries/illnesses. Keep the camp director informed of any serious injuries/illnesses. Be sure to follow up on the Trekkers that you have seen in the following days.

Observe the Trekkers and their interactions with others during the week.

Some camps are all in one dorm and others are spread out into 3 or more dorms. For camps with more than one dorm, your room and clinic will be in the same dorm. It is advisable to provide one dorm mom in the each of the other dorms a small first aid kit. These are provided in the supplies.

Qualifications:

Be an AAUW-CA member. This is so you are covered by insurance.

You will need to have your fingerprints taken via the Live Scan procedure. Your camp director will provide you with the form and a list of locations to have this done. This needs to be done at least 6 weeks before your camp begins to allow for processing. This is a requirement of our insurance carrier.

The volunteer should have had nurse's training or first aid courses. A CPR certificate is helpful but not required.

Some campuses are more physically challenging than others. All camps require a great deal of walking (5 miles a day is not uncommon). You will need to provide a medical release form and biographical information to the camp director(s).

Commitment Expected:

You are expected to be on campus for the duration of the camp. Some camps require the staff to arrive the day before the girls, so their week would go from Saturday to Saturday. Other camps only require their staff to be on site from Sunday through Saturday morning. It is very important for the wellbeing of the campers that you remain at camp unless there is a personal or family emergency.

Officially, you may set up "clinic hours" when you will always be prepared to help campers. In reality you will be on duty 24/7. Lack of sleep is a common affliction with Tech Trek volunteers.

Your most important commitment is to the campers. For the week of Tech Trek, their needs come first.

Training:

Before arriving at camp, you will receive a list of items to bring, maps and directions to the campus and a tentative schedule.

For the camps that ask staff to appear the day before camp, that day is spent in training. Other camps do the training Sunday morning before the campers arrive. You will be given a walk-through of the facilities and introduction to the rest of the staff. You will also receive a list of all camp attendees including staff and medical forms from everyone. You will also be asked to fill out some forms, including a W-9. At this time, you should review the camp rules and the contract the campers and their parents have signed.

Benefits:

While the week at camp is a very busy time, it is also a time to make new friends, explore an interesting campus and, most of all, to enjoy being with dozens of delightful Tech Trekkers.

Other:

To volunteer, contact the Tech Trek Project Coordinators at: techtrek@aauw-ca.org