

Financial Literacy Money Trek Project

WORKSHOP OVERVIEW

PREPARED BY: FINANCIAL LITERACY COMMITTEE, AAUW CALIFORNIA



Purpose of Financial Literacy Program

 To provide resources that will allow young students and women to successfully manage their personal finances and achieve financial fitness for life.



Why is Financial Literacy Particularly Important for Women ?

- Women make less than men ~ 79%.
- Are more likely to take time off from work to raise a family.
- Tend to be more conservative investors, resulting in lower returns.
- Live longer than men so they need more money in retirement.



What Is Financial Literacy ?

Financial Literacy is defined as the ability

of an individual to make appropriate decisions in managing personal finances.

- Reconcile the bank and credit card statement.
- Read a credit report.
- Create a budget and spending plan.
- Understand an employee benefit package.
- Distinguish between mutual funds, stocks and bonds.

Financial Literacy Workshop AAUM Six Modules

The program consist of six modules designed to be presented two modules at a time.

A handout/workbook will accompany the presentation. It will include examples and exercises, as well as lists of other resources.



Financial Literacy Workshop Modules

Since two modules are presented at a time the material covered will be relatively basic.

Actual time will vary depending upon:

- Length and complexity of the content.
- Interest level of the specific groups.



Financial Literacy Workshop Modules

- The Workshop is a 'jumping-off point.'
- Students will receive a list of additional resources and materials they may explore on their own.
- The workbook will also include exercises and helpful hints for future reference.



Financial Literacy Workshop Modules

The modules were developed based on input from the Temecula Valley Branch Student Affiliates of AAUW.

After a brief presentation on various financial subjects, the students rated the topics based on their level of interest and knowledge.



Module 1 Money Management

Objectives -

- Setting personal financial goals
- Learn how to manage money by preparing a personal spending plan (aka: Budget).
- Identify ways to increase income and decrease spending.
- Balancing income and expenses
- Learn tools to help manage a budget/personal spending plan.





Module 2 Banks & Checking Accounts

Topics Include -

- Choosing a bank.
- Checkbooks, deposit slips and ATMs.
- Balancing a checkbook.
- Banking fees.
- On-line banking and bill paying.
- Understanding various banking products.



Module 3 Credit Cards

- **Topics Include -**
- Difference between credit & debit cards.
- Choosing a credit card.
- The true cost of credit
- The best credit cards for different uses.
- Credit report & credit score
- Do's & Don'ts of Credit







Module 4 A Financial Aid and Student Loans

Topics Include -

- Financial Aid and Student Loans.
- What does college cost?
- How America pays for college?
- Types of Grants and Scholarships.
- Federal Students Loans.

Module 4B Borrowing & Credit

Topics Include -

- What is credit and how does credit work.
- Types of credit available.
- How to use credit appropriately.
- Forms of credits & loans.
- True cost of loans



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Module 5 Saving & Investing

- Topics Include –
- Identifying various ways to save money.
- Why it is important to save.
- Goals for which one should save.
- Identifying & understanding the different savings & investing options.
- Creating a savings plan.







Module 6 Renting & Buying a House

Topics Include -

- Initial and continuing costs of renting an apartment.
- Signing a lease & being a tenant.
- Renting versus owning a home.
- Determining if one is ready to buy a home.



The basics of getting a home mortgage.



Next Steps

- Depending on the interest of the audience and the facilitators, follow-up workshops may be scheduled to expand on specific subject matter.
- Students will be encouraged to utilize reference materials and begin creating their own financial plans.



Start Smart

A Financial Literacy Project of AAUW

Provides knowledge and skills needed to negotiate salaries and benefits to receive fair and realistic compensation.

Topics include:

- Personal consequences of the gender wage gap
- Benchmarking reasonable salaries and benefits
- Negotiation skills to aim high yet be realistic
- Knowing how to develop a "bare bones" budget

The Financial Literacy Money Trek and Start Smart projects are designed to work hand-in-hand to prepare young women for a successful financial future.